

Fulbourn Forum for community action

FOOD GROUP

The group was formed in September 2010 and a number of ideas for activities are being developed:

- Encourage home growing of fruit and vegetables – a group are meeting up regularly (in the Six Bells bar) to share experience, swap young plants and seeds and make plans for the growing season. The group is considering the possibility of running a 'Seedy Sunday' event in early 2012 (see www.seedysunday.org).
- Garden share scheme – linking would-be fruit and vegetable growers with garden owners who need help. We will try to find a fit between owners and volunteer growers who live nearby and arrange a meeting. Then it is up to the two parties, but we can help with guidelines for a working agreement between owner and volunteer, and group members are happy to offer advice and support to new growers.
- Make the most of food – we would like to exchange ideas and recipes for using gluts and ways of avoiding food waste. This project started off with apple cake recipes at the Orchard Event and we hope to make these available when we get our own web site established. In the future we may consider organising cookery workshops and demonstrations.
- Produce a local food sources directory – this is being put together to spread awareness of where locally produced food can be purchased to support local shops and producers.
- Community growing space - we would be interested to hear of any local land that might be used (including 'pre development' use) as community growing space either as an orchard or allotments. We note that current major new developments around Cambridge include new allotments, and we would lobby for such provision in any large development proposed for Fulbourn.
- Wild foraging – if we have sufficient interest then we could arrange a local expert to lead a group forage in the hedgerows around Fulbourn.
- Swapping of surplus fruit and veg that would otherwise be wasted – could we set up simple arrangements to do this in Fulbourn? Last autumn it was also evident that a lot of fruit in some gardens remained unharvested – could we offer help?

To find out more and to get involved please contact John Willis on 01223 881103.