

## **Community Warden Scheme for Fulbourn**



Hello, my name is Carol Flanders, and I am the new Age UK Cambridgeshire and Peterborough, Community Warden for Fulbourn. I wanted to take this opportunity to introduce myself as you may see me around Fulbourn at various events, community groups, so please do come and say hello!

I have been working for Age UK CAP for nearly three years as a community warden, previously supporting those living within Cambridge City. I am so pleased to now have the opportunity to work within the Fulbourn Community. My career path has been within Health and Social care sector for nearly sixteen years, and I've seen a lot of changes in this time.

I have been the Fulbourn Community Warden since beginning of May and I'm thoroughly enjoying meeting and supporting several people in the village.

The role of The Community Warden is to assist people over the age of 60 to remain living at home as independently and as safely as possible. I can contact you daily, Monday to Friday, either by phone call or a visit and liaise with your family or other agencies. The scheme is very person centred and can be tailored to an individual's needs and requirements.

I can help with support that may be needed for example: make phone-calls on your behalf, pick up prescriptions, shop for small items, make drinks or light lunches, help to find local groups of interest, arrange transport, or sit and chat over a cup of tea. I can also help you to access other services that might be appropriate for you, offered by Age UK Cambridgeshire and Peterborough and other organisations, such as,

- Home safety checks
- Handyperson service
- Advice on benefits / form filling
- IT support

Some quotes received from people already on the scheme are:

- "It's so lovely to see you, you always bring a smile, and we have such a good laugh "

- “It’s so reassuring to know I have the daily contact with you, it makes me feel less isolated”

For all new referrals, you receive a 2-week **FREE** trial and then there is a small weekly fee to pay thereafter.

If you would like to learn more about the Community Warden scheme in Fulbourn, or to refer a family member, friend or neighbour please do give me a call on **07812496006** or email: [carol.flanders@ageukcap.org.uk](mailto:carol.flanders@ageukcap.org.uk)

Further information can be found on the Age UK Cambridgeshire and Peterborough